

Changing your skin

Vicki, Kaylee and Sean decided to see who could find the biggest cuttlefish. It was easy to find the chalky skeletons along the beach. Some were only the size of a finger, but others were bigger than a hand. Like squid and octopus, cuttlefish belong to the cephalopod family. Because of their hard skeleton they can't change shape like an octopus, but they are good at changing the colour and patterning of their skin. It may be to blend with their surroundings, or to scare off their enemies, or just because of a change of mood.



Listen to God!

Ephesians 4:14

The apostle Paul told the grownups in a church to **not be forever changing their minds about what they believed about God**. We all change our minds about things at times. Sometimes we are tempted to change to fit in with others, to please them or just because we feel like it. But remember the truth about God never changes. (John 14:6)



Did you know that cuttlefish have three hearts?

Talk to God!

Lord God, help us to be sure of what we know about you. We want to believe what your Word the Bible says, not just what people say.

Match the Bible verses with the things they tell us about God

Deuteronomy 33:27	God is the creator of everything
Psalms 24:8	God loves us
Genesis 1:1	God is eternal (lives forever)
Psalms 99:9	God speaks to us through the Bible
John 3:16	God is holy (pure)
2 Timothy 3:16	God is strong and mighty