



I'M TOUGH

The children and their friends were counting how many limpets they could find in their favourite rock pool. Limpets are common molluscs, and easy to find. They are univalves which means they only have one shell. The shell is just like a giant hat that can completely cover the top of the animal inside - but not the bottom. Their only defence against being eaten is to cling very tightly to the rock they live on.



A limpet from underneath

Some people think they do this by suction, but it's actually by grabbing the rock with their strong muscular foot. The limpet eats algae that grows on the rock by scraping it off with a rough, raspy tongue.

They look tough and their shells feel tough but without the rock, they are weak and have no protection.

How many limpets left?

50 limpets lived in a rock pool

10 forgot to hold on and then there were _____

5 got kidnapped by cormorants and then there were _____

3 got nibbled by crabs and then there were _____

4 got sucked up by an octopus and then there were _____

2 were swallowed by a shark and then there were _____

These ones held on tight

Listen to God!

Philippians 4:11-13

Remember: "Christ gives me the strength to face anything."

Talk to God!

Thank you Lord Jesus, that when we have you we can face anything. Help me to remember that when everyone else seems bigger, stronger and tougher than me, I have you to help me.