


My shadow

Sean was trying to stand on his shadow but it kept moving. "What is a shadow anyway?" he asked mum. Mum explained that light can't go through our bodies or other solid things. When the sun is out, shadows form behind things where the sun cannot reach. The shadows change shape as we move and as the sun moves. As the sun goes down in the sky, shadows get longer. And when the sun goes behind a cloud, the shadows disappear. You can never jump on your own shadow, because as soon as you move, it will move too.



Was this photo taken in the middle of the day or in the late afternoon?



Some people are frightened of  shadows, but they can actually protect us. Shadows made by buildings or trees give us shade that keeps us safe from sun burn. The Bible tells us that God is like a shadow that protects us from harm.

Listen to God!

Look up these Bible verses then write and draw what each says God protects us with.

Psalm 36:7

Isaiah 4:5-6

Isaiah 51:15-16

(Some versions say we are covered with the shadow of God's hand)

Talk to God!

Dear God,
thank you
for your love
and protection.
Please keep
us safe at
school, at
home and in
everything
we do.

