



Walk this way

The girls were growing flowers in pots on the deck. As Vicki moved a pot, a huge black centipede ran out from under it and made her jump. "If I had that many legs, I would trip over them all the time," she exclaimed.



The name centipede means 100 legs but the number can range between 15 and 191 depending on the type it is. The first pair at the head contain poison to inject into prey such as insects and worms. The last pair turn backwards and can hold prey or fight off attackers. Centipedes regularly clean their legs by passing them over their mouth. For centipedes to move, all the legs have to work together and go in the same direction.



Listen to God! Psalm 86:10-13

Your Bible may be a little different, but in the NIV version of the Bible, verse eleven says



“TEACH ME YOUR WAY,
O LORD, AND I WILL
WALK IN YOUR TRUTH”

Colour in the words and pictures.



We can only walk (go) the right way in our lives if we are following God and learning from him.



Talk to God!

Dear Lord, We want to follow you. You teach us the truth. Help us to read your book, the Bible, and talk to you in prayer every day. We want to trust you and show our thanks and praise to you every day too.