

Chiton who?

"Those flat things on the rocks are Chitons", said grandma. "They are almost impossible to hurt because they have strong armour. It's made up of eight hard overlapping plates. If birds try to peck them or crabs try to bite them they can't get through the armour. They remind me of how much we need God's armour to protect us."

Chitons (pronounced kite-on) also have a large flat foot that covers the underside of their body. With that they can hold on to the rocks really tightly.



Listen to God! Ephesians 6:13-17

Our armour isn't made of shell or metal or anything like that. It's made of things like faith and prayer. Draw lines to match the armour below to the things that protect us, then talk about what you think those things mean and what our enemies are.

Breastplate

Shield

Belt

Shoes

Helmet

Sword

Salvation

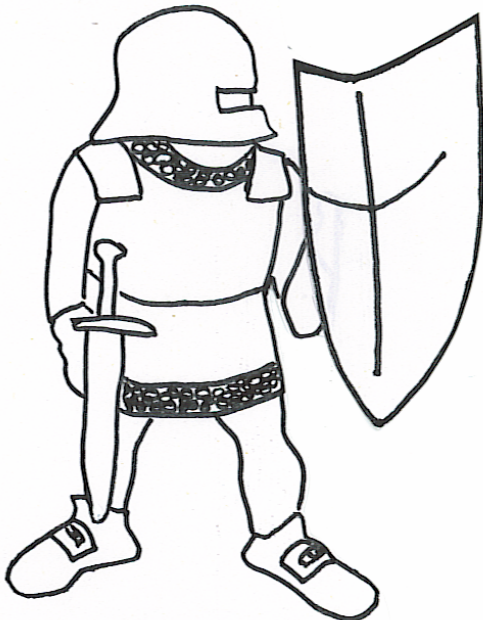
Gospel of peace

Righteousness

Faith

God's Word

Truth



Talk to God!

Thank you God that the armour you give us protects us from our enemies like fear and worry. Help us to trust you all the time. Help us to remember to pray and read your Word the Bible every day.

