

# Keep away!



Kaylee and dad went down to the jetty to fish, but the only thing biting today were toad fish. "Fishermen don't like toad fish," said dad. "They are easy to catch but we can't eat them because they're poisonous." "They look disgusting anyway," added Kaylee.

Toadies are related to porcupine and puffer fish. When these fish think they are in danger, they pump water into special sacs in their bodies until they blow up into a ball. Some have spines that lie flat until it is pumped up. Then they stick out in all directions. Did you know that the poison from puffer fish has been used to make a pain killer for people in extreme pain? Yet if you ate the fish your mouth and tongue would swell and go numb, and you would have trouble breathing and speaking. If you ate enough you could even die. So it's best to keep away from them.

## Listen to God! Proverbs 4:10-15

The apostle Paul wrote to a young Christian called Timothy warning him about false teachers. These people were proud, ignorant, liked to argue and cause trouble and fights. They like to tell lies, get more money than they needed and stir up jealousy, suspicions and unkind words. Paul told Timothy, "you belong to God, so keep away from all these evil things." (1 Timothy 6:3-11)



Write in the puffer fish some things we should keep away from.



## Talk to God!

Father God, you want us to have a safe and happy life following your ways. Help us to keep away from things that could harm us or lead us into trouble.

