

Tracks in the sand

Exploring along the rocks was the girl's favourite activity at the beach. There were so many things to see. They noticed that some of the sea shells made tracks in the sand where the tide had gone out.



"They look like they don't know where they are going," said Vicky. "The tracks go round and round in circles." "They are actually looking for food," explained mum.

Listen to God!

Psalm 107:4-9

This Psalm describes people wandering in the desert, lost, hungry, thirsty and tired. But see what God did for them when they called out (prayed) to him.

Talk to God! Heavenly father, thank you that when we pray to you, you hear us. Thank you that you give us what we need. Thank you that it's not just food and drink. You give safety and guidance and satisfaction too. Everything you give us is good.

In the right foot prints, write what God did for the people in the Psalm. In the left footprints, write some things he has done for you.

